

**STEP UP TO ENGLISH**  
**LEVEL 16: WORKBOOK**



**STEP 1 SLIDE 3**

Choose **the best** meaning for: **“came crashing down”**

- He fell when he heard about his cancer.
- There was a very loud noise.
- His future life had suddenly changed.

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Choose the best meaning for: **“wouldn’t give up”**

- He wouldn’t give the doctor any money.
- He decided to walk in spite of having just one leg.
- He decided that he wouldn’t stay in bed.

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Choose the best meaning for: **“marathon”**

- A long distance run or something long and difficult.
- Something everyone hopes for.
- Something impossible.

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**STEP 1 SLIDE 4**

**Write the answers in sentences.**

1. What kind of boy was Terry before he got his sore knee?

---

2. What did his doctor tell him?

---

3. How do you think he felt when the doctor said he had cancer?

---

4. What did Terry have to learn again?

---

5. Why did he decide to run across Canada?

---

6. Would you try to run with just one leg?

---

7. What did he call his run?

---

**STEP 1 SLIDE 6**

**Write what you would say to your friend.**

You and your friend are talking about Terry.  
Your friend thinks his plan is impossible.

**Your Friend:** I don't think it's a good idea.

**You:** \_\_\_\_\_

**Your Friend:** It will be very painful.

**You:** \_\_\_\_\_

**Your Friend:** I don't think so. His leg will be sore for a long time.

**You:** \_\_\_\_\_

**Your Friend:** Perhaps, but it will be very painful.

**STEP 1 SLIDE 7**

**Write sentences in your workbook using these words.**

**unhappy - Terry's family**

\_\_\_\_\_

**unexpected – cancer / scary**

\_\_\_\_\_

**uninteresting - sick / bed**

\_\_\_\_\_

**unlikely – run / one leg**

\_\_\_\_\_

**unable – save / not able**

\_\_\_\_\_

**Write a paragraph telling how you would feel about the way your artificial arm or leg looked and describe what clothes you would wear.**

**First sentence** – explain that you have an artificial arm or leg

**Middle sentences** – describe your clothes when you aren't at home.

**Last sentence** – tell how you feel

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

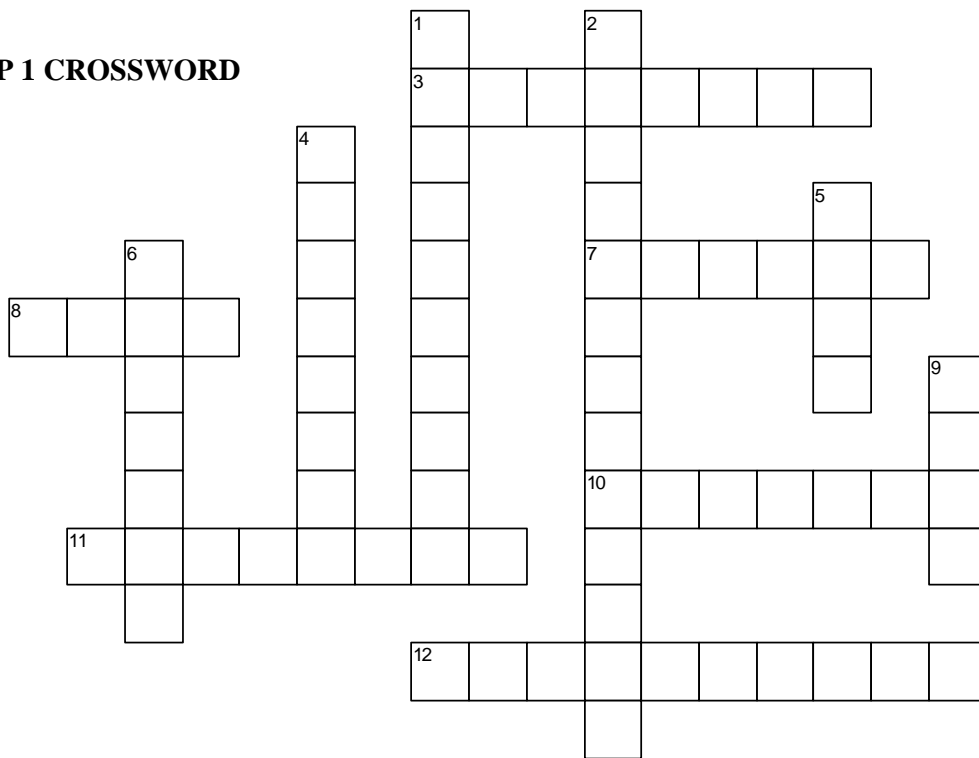
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**STEP 1 SLIDE 8**

**MATCH THE MEANING**

- 1 **determination** \_\_\_\_\_      7 **to research** \_\_\_\_\_
- 2 **suddenly** \_\_\_\_\_      8 **to save** \_\_\_\_\_
- 3 **to repeat** \_\_\_\_\_      9 **knee** \_\_\_\_\_
- 4 **painful** \_\_\_\_\_      10 **to amputate** \_\_\_\_\_
- 5 **athlete** \_\_\_\_\_      11 **artificial** \_\_\_\_\_
- 6 **to heal** \_\_\_\_\_

**STEP 1 CROSSWORD**



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**ACROSS**

- 3 to find out about something
- 7 to do something again
- 8 to get better
- 10 someone good at sports
- 11 something happens unexpectedly - all at once
- 12 not possible

**DOWN**

- 1 something made by people
- 2 you decide - you don't change
- 4 to cut something off
- 5 to keep something
- 6 it doesn't feel good - it hurts
- 9 it's a part of your leg

## LEVEL 16: STEP 2 - SLIDE 3

Write the sentence that best tells where Terry went to start his run.

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Write the sentence that best tells how the newspapers described Terry's run.

---

Write the sentence that best tells what the police did.

---

### STEP 2: SLIDE 5

Friend 1: Did you ever run for a long distance?

You: \_\_\_\_\_

Friend 1: How far do you go?

You: \_\_\_\_\_

Friend 1: I sometimes run that far but I don't usually go any farther.

You: \_\_\_\_\_

Friend 1: I like to run through the park where it's quiet.

You: \_\_\_\_\_

### STEP 2: SLIDE 6

Join these sentences using "although" or "even though" for unexpected results.

Use "and" for expected results.

1. Terry never gave up. He got cancer.

---

2. Terry was very athletic. He loved to play basketball.

---

3. He learned to run. He had an artificial leg.

---

4. Terry didn't listen. Everyone said his plan was impossible.

---

**STEP 2: SLIDE 7**

1. When did Terry start his run?

\_\_\_\_\_

2. How far did he decide to run each day?

\_\_\_\_\_

3. What did everyone tell him?

\_\_\_\_\_

4. What did the newspapers do?

\_\_\_\_\_

5. Terry called his run “A Marathon of Hope”. What did he hope for?

\_\_\_\_\_

6. What did the people start to do?

\_\_\_\_\_

7. What did the police do?

\_\_\_\_\_

8. How did everyone feel about Terry’s run?

\_\_\_\_\_

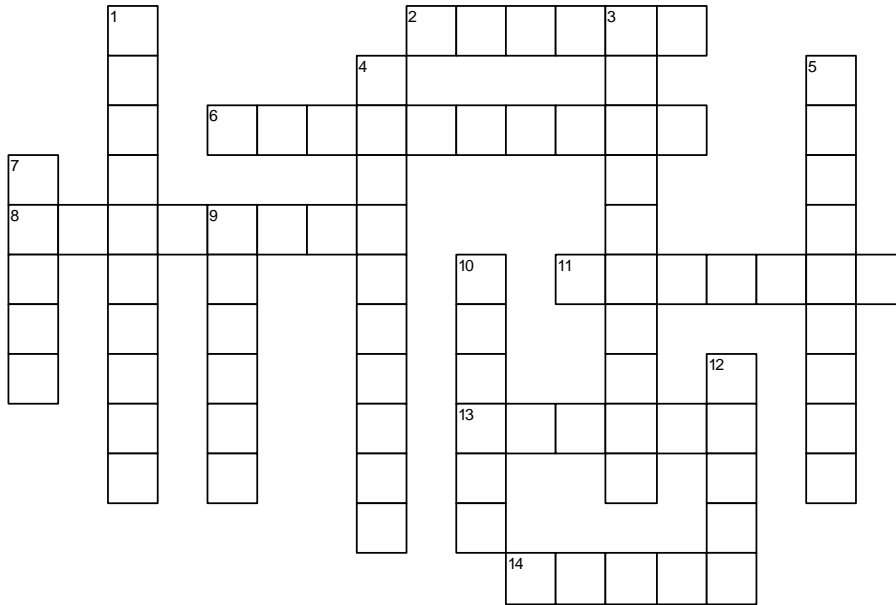
**STEP 2: SLIDE 8**

**Complete the sentences using these words:**

succeeded                      terrible                      sports                      cancer                      player  
listen                      never gave up                      even though                      practiced

Terry Fox loved \_\_\_\_\_. When he was in high school his friends said he was a terrible basketball \_\_\_\_\_. Terry didn’t \_\_\_\_\_ to them. He \_\_\_\_\_ basketball every morning before school \_\_\_\_\_ they said he was a \_\_\_\_\_ player. Later, when Terry tried to get on another basketball team, he \_\_\_\_\_ because he \_\_\_\_\_. Then, when the doctor told him that he had \_\_\_\_\_ he decided to run to raise money for cancer instead of giving up at home.

## STEP 2 CROSSWORD



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### ACROSS

- 2 to give
- 6 it can't happen
- 8 someone who writes news and stories
- 11 a road for cars
- 13 to take someone somewhere
- 14 no noise

### DOWN

- 1 they tell people about interesting events
- 3 you watch and listen to it
- 4 not scared
- 5 they sell things
- 7 many people together
- 9 something that happens because of something else
- 10 to think something is going to happen
- 12 to begin



## LEVEL 16: STEP 3 - SLIDE 3

Write the sentence that best tells what gave Terry the courage during his first runs, when no one went out to cheer him.

---

Choose the sentence that best tells what made the people go out to cheer Terry.

---

Choose the sentence that best tells why the doctors know more about curing cancer now than they did when Terry had it.

---

### STEP 3: SLIDE 5

Think about what helped you or imagine what might make a difference to your life.

First Friend: That runner in New York sure helped Terry, didn't he?

You: \_\_\_\_\_

First Friend: Has something you heard about changed your life?

You: \_\_\_\_\_

First Friend: Wow! I guess you needed a lot more education.

You: \_\_\_\_\_

### STEP 3: SLIDE 6

Answer in sentences using could would or should.

1. Would you want to run with a crowd of people?

---

2. Could you run a long way?

---

3. Should people run to raise money?

---

**STEP 3: SLIDE 7**

**You are talking with your friends about the Terry Fox Run that will soon take place in your city.**

**Friend 1:** I'm going to participate in the Terry Fox Run, would you like to join me?

**Friend 2:** Sure, I couldn't stay away. You see, I had cancer.

**You:** \_\_\_\_\_

**Friend 2:** I'm cured and it's probably because of the research done with the money raised by the Terry Fox Runs.

**You:** \_\_\_\_\_

**Friend 1:** I always feel that I should get as many friends as possible to join in the run. A lot of my family have had cancer and some are cured.

**You:** \_\_\_\_\_

**STEP 3: SLIDE 8**

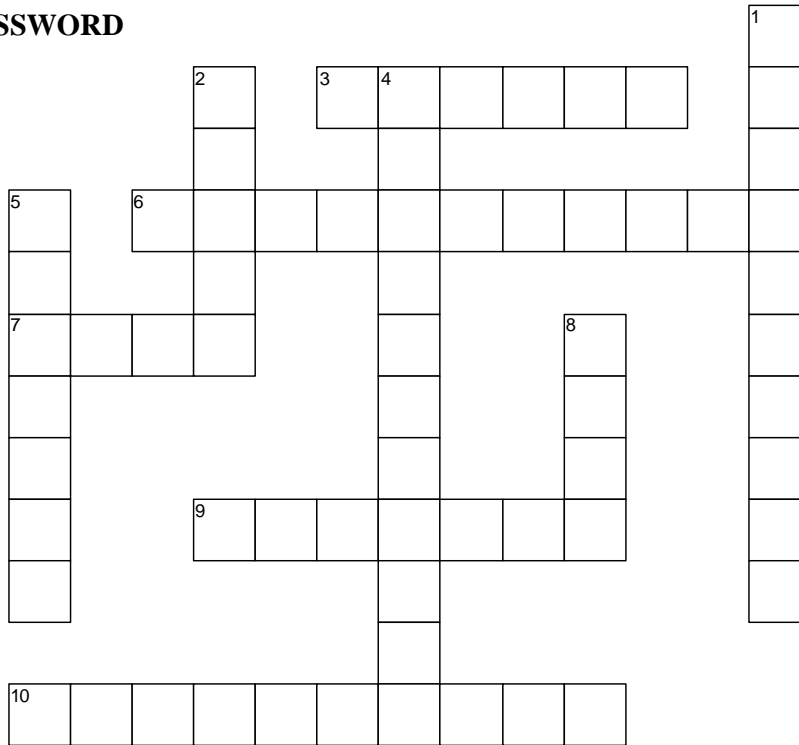
Terry was pleased to find that his plan \_\_\_\_\_.  
\_\_\_\_\_ it was difficult to \_\_\_\_\_ running when  
the roads were empty and no one was cheering him on. As he ran farther and the people gave  
money for cancer he knew it was all \_\_\_\_\_. His plan wasn't impossible,  
\_\_\_\_\_.

**STEP 3: SLIDE 9**

- to participate \_\_\_\_\_
- to inspire \_\_\_\_\_
- to cure \_\_\_\_\_
- environment \_\_\_\_\_
- to pass \_\_\_\_\_
- lungs \_\_\_\_\_
- to spread \_\_\_\_\_



### STEP 3 - CROSSWORD

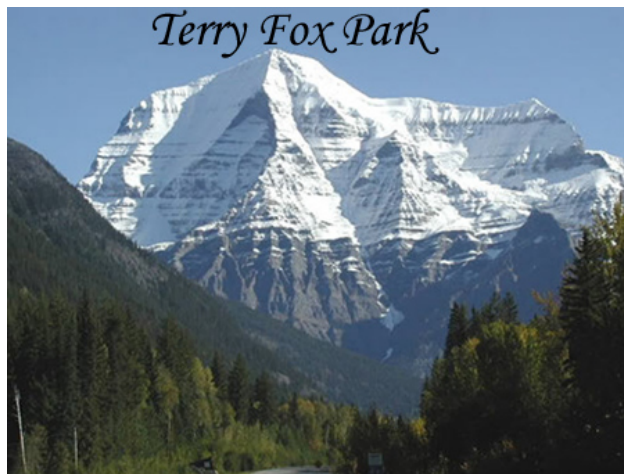


#### ACROSS

- 3** to make something go over a bigger area
- 6** the world around us
- 7** refers to time going by, or one car going ahead of another
- 9** to give someone new ideas / energy
- 10** brave

#### DOWN

- 1** you got something for what you did
- 2** they are inside your body
- 4** to do something with other people
- 5** someone who has lost an arm or leg
- 8** to make someone well



## LEVEL 16: STEP 4

### STEP 4 - SLIDE 2

1. Suggest a difference between Rick and Terry that affected their lives.

\_\_\_\_\_

2. Where is your spinal cord?

\_\_\_\_\_

### STEP 4 - SLIDE 3

Rick (to spend) \_\_\_\_\_ 792 days on the road, traveling at a speed of 13 to 15 kilometers per hour. He (to have) \_\_\_\_\_ 126 flat tires as he wheeled up and down hills and mountains. In the Alps of Switzerland, he (to go) \_\_\_\_\_ as high as 1,700 meters. Four times his friends (to drive) \_\_\_\_\_ away robbers who (to try) \_\_\_\_\_ to get his wallet or his packsack.



### STEP 4 - SLIDE 5

**Your Friend:** Rick's journey made a difference to me.

**You:** \_\_\_\_\_

**Your Friend:** The theaters made room for wheelchairs after Rick's journey.

**You:** \_\_\_\_\_

**Your Friend:** People started being friendly and polite with us.

**You:** \_\_\_\_\_

**Your Friend:** I don't know, but I think other countries changed, too.

**You:** \_\_\_\_\_

**STEP 4 - SLIDE 6**

1. Rick made a lot of money for spinal cord research. Do you think he should wheel around the world again?

\_\_\_\_\_

2. Do you think that he could raise money in your country?

\_\_\_\_\_

3. Would the reporters write about Rick if he went to your country?

\_\_\_\_\_

4. Rick needed people to help him throughout his tour. Would you like to have a job like that?

\_\_\_\_\_

**STEP 4 - SLIDE 7**

1. Rick's back was injured, \_\_\_\_\_? \_\_\_\_\_.

2. His friends were helpful, \_\_\_\_\_? \_\_\_\_\_.

3. People in wheelchairs can travel, \_\_\_\_\_? \_\_\_\_\_.

4. Many people in wheelchairs can't walk, \_\_\_\_\_? \_\_\_\_\_.

5. You weren't traveling with Rick, \_\_\_\_\_? \_\_\_\_\_.

**STEP 4 - SLIDE 8**

wheelchair \_\_\_\_\_

disease \_\_\_\_\_

to rob \_\_\_\_\_

disabled \_\_\_\_\_

to affect \_\_\_\_\_

spinal cord \_\_\_\_\_

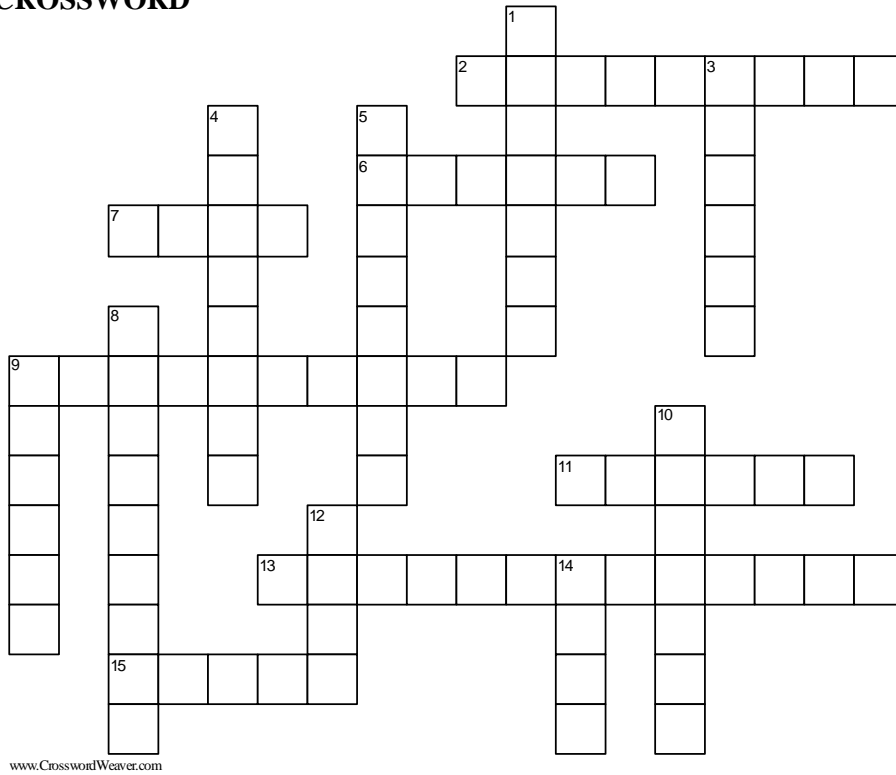
to give up \_\_\_\_\_

journey \_\_\_\_\_

packsack \_\_\_\_\_

to wear out \_\_\_\_\_

## LEVEL 4: CROSSWORD



### ACROSS

- 2 things aren't the same
- 6 one thing changes another thing
- 7 to press against with force
- 9 people who can't walk use one
- 11 you wear them on your hands
- 13 the distance around something
- 15 to bring something up - an object or something's value



### DOWN

- 1 a sickness
- 3 someone who takes other people's things
- 4 someone with a health problem
- 5 you carry things in it
- 8 people who write about things that happen
- 9 you keep money in it
- 10 travel - real or imagined, or the story of life
- 12 it goes on the wheel of a machine
- 14 level, there are no ups and downs

## LEVEL 16: STEP 5 - SLIDE 2

1. 1985, wheeled, to, Rick, California.

2. kilometers, is, California, Vancouver, from, 1200, about

3. courageous, is, Rick.

4. know, People, didn't, when, what, he, was, set out, doing, he, first.

### STEP 5 - SLIDE 3

1. Which countries are the farthest north?

---

---

---

2. Which country is west of England?

---

---

---

3. Which country is east of Belgium?

---

---

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**STEP 5 - SLIDE 4**



1. Rick couldn't wheel across the Atlantic Ocean,  
\_\_\_\_\_? \_\_\_\_\_.
2. It would be cold in Paris in winter,  
\_\_\_\_\_? \_\_\_\_\_.
3. You should wear a warm coat in Amsterdam,  
\_\_\_\_\_? \_\_\_\_\_.

4. Rick could take a boat on the Seine River in Paris,

\_\_\_\_\_?  
\_\_\_\_\_.

5. Rick wouldn't wheel from England to Paris in one day,

\_\_\_\_\_?  
\_\_\_\_\_.



**STEP 5 - SLIDE 6**

**Your friend:** I think a wheelchair with a motor would be just as good.

**You:** \_\_\_\_\_

**Your friend:** I bet it wouldn't make any difference.

**You:** \_\_\_\_\_

**Your friend:** It would be easier but the newspapers would still write about it.

**You:** \_\_\_\_\_

**Your friend:** Maybe a lot of others would copy him and raise more money.

**You:** \_\_\_\_\_

**STEP 5 - SLIDE 7**

1. courageous, a, Rick, is, Canadian, hero, strong.

2. wheeled, through, northern, European, nine, Rick, countries.

3. hard, long, work, His, was, journey.

4. loud, people, The, on, gave, the, streets, Rick, cheers, narrow.

**STEP 5 - SLIDE 8**

to set out

to progress

size

quality

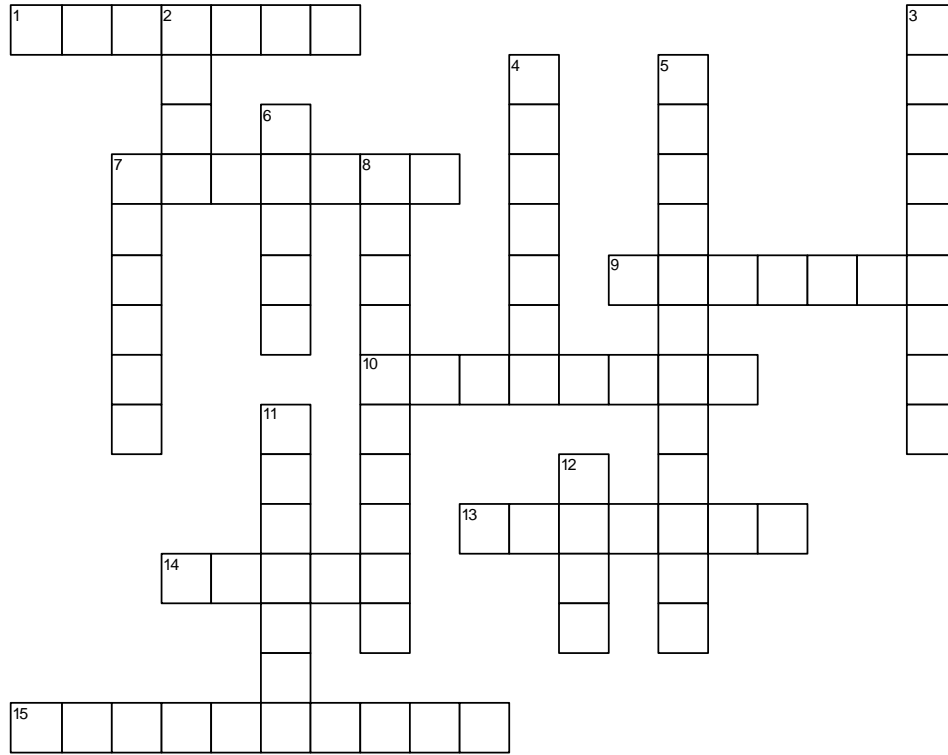
to copy

to show off

to bet



**STEP 5: CROSSWORD**



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**ACROSS**

- 1 making something go up in - size.  
weight or value
- 7 guessing that something will happen
- 9 it is made from the skin of animals
- 10 to work towards completing  
something
- 13 about if things are good or bad
- 14 it makes things move
- 15 to keep on doing something

**DOWN**

- 2 how big/small something is
- 3 not the same
- 4 making something the same as  
something else
- 5 people talking
- 6 not moving
- 7 a line that separates things
- 8 they tell about what is happening
- 11 a design for something or on  
something
- 12 not difficult





## LEVEL 16: STEP 6 - SLIDE 2

1. Rick wheeled along \_\_\_\_\_ streets.
2. Rick wheeled between the \_\_\_\_\_ mountains.
3. This garden has \_\_\_\_\_ flowers.
4. This is a \_\_\_\_\_ sculpture.
5. Japan has \_\_\_\_\_ islands.

### STEP 6 - SLIDE 3

1. The \_\_\_\_\_  
\_\_\_\_\_ warrior has a  
\_\_\_\_\_ club.



2. The \_\_\_\_\_  
\_\_\_\_\_ girl is wearing a \_\_\_\_\_ dress.
3. The \_\_\_\_\_ kiwi bird lays \_\_\_\_\_ egg.
4. One dancer has a \_\_\_\_\_ club in his \_\_\_\_\_ hand.

### STEP 6 - SLIDE 4

1. There are \_\_\_\_\_ people standing on the beach.
2. These \_\_\_\_\_ kangaroos live in the West.
3. There are \_\_\_\_\_  
crocodiles there.
4. This \_\_\_\_\_  
garden is in Sydney.



**STEP 6 - SLIDE 5**



**It's hard work, isn't it Rick?**

**You:** \_\_\_\_\_  
\_\_\_\_\_

**Your friend: Do you want to stop for a rest?**

**You:** \_\_\_\_\_  
\_\_\_\_\_

**Your friend: Do you want something to drink?**

**You:** \_\_\_\_\_  
\_\_\_\_\_



**STEP 6 - SLIDE 6**

Rick (to go) \_\_\_\_\_ to Australia where he (to see) \_\_\_\_\_ kangaroos and (to visit) \_\_\_\_\_ the golden beaches. The people (to welcome) \_\_\_\_\_ him and (to donate) \_\_\_\_\_ money for spinal cord research. When he (to arrive) \_\_\_\_\_ in China, thousands of people (to cheer) \_\_\_\_\_ as he wheeled along the streets. Getting to the top of the Great wall (to be) \_\_\_\_\_ hard work but he wouldn't give up, because he (to plan) \_\_\_\_\_ to go to Korea, Japan, the United States and finally to Canada.

**STEP 6 - SLIDE 7**

1. Rick will have a long trip across Canada, won't he?

2. \_\_\_\_\_  
There are icebergs in warm water, aren't there?

3. \_\_\_\_\_  
What kind of island is Newfoundland?

4. \_\_\_\_\_  
What are Canadian winters like?

5. \_\_\_\_\_  
If you lived in a tropical country, what kind of weather would you have?  
\_\_\_\_\_



**STEP 6 - SLIDE 8**

to persist \_\_\_\_\_

iceberg \_\_\_\_\_

to ache \_\_\_\_\_

progressing \_\_\_\_\_

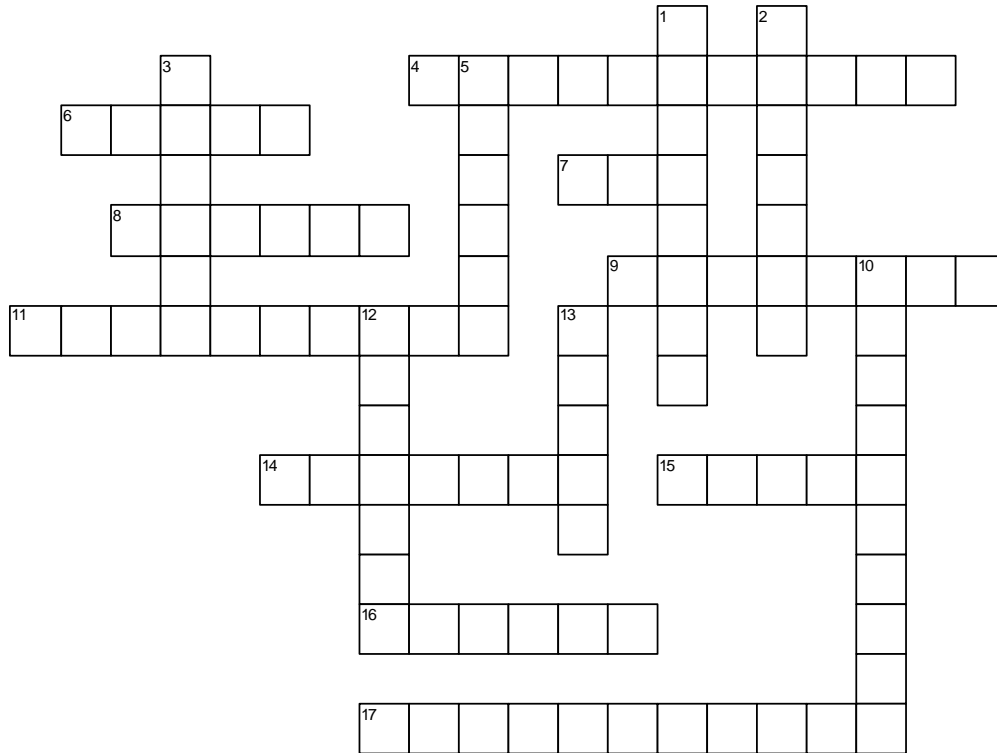
generous \_\_\_\_\_

famous \_\_\_\_\_

to increase \_\_\_\_\_

habitat \_\_\_\_\_

## STEP 6: CROSSWORD



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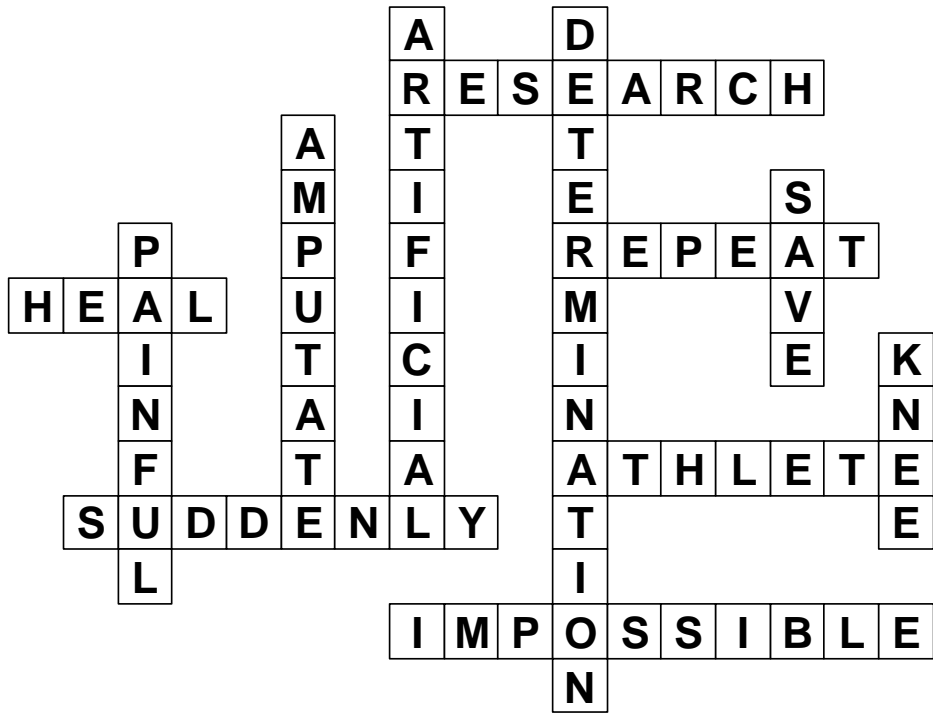
### ACROSS

- 4** fixing something to keep it in good condition
- 6** a wet place where water stays on the ground
- 7** frozen water
- 8** movement
- 9** giving something to help others
- 11** keeping on trying to do something
- 14** where plants and animals live
- 15** the way someone or something travels from one place to another
- 16** a color
- 17** working towards completing something

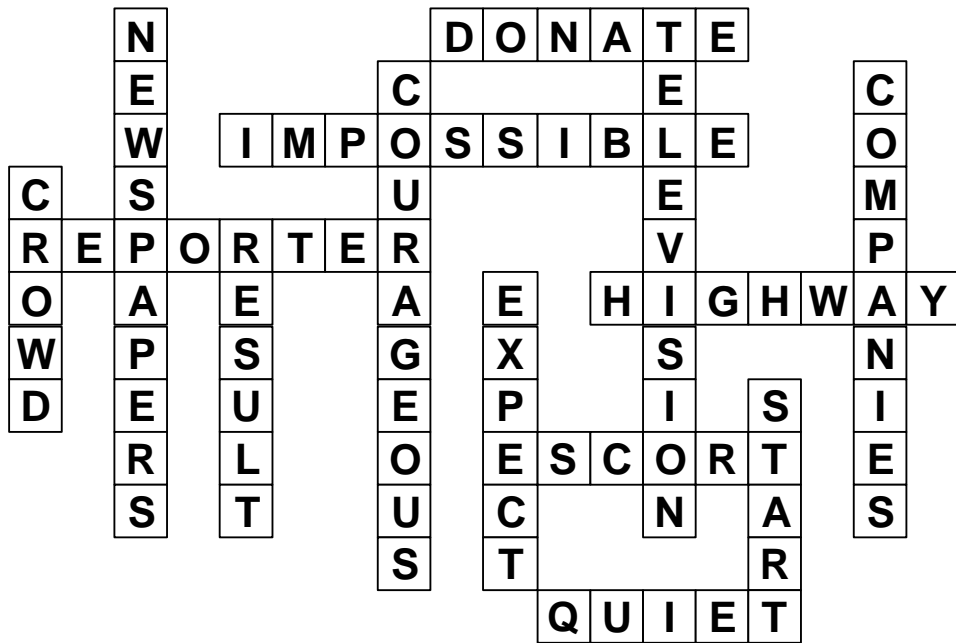
### DOWN

- 1** willing to give time or money
- 2** not man-made
- 3** someone or something everyone knows about
- 5** feeling pain
- 10** getting bigger
- 12** enormous pieces of ice in the ocean
- 13** an important idea that is remembered and repeated

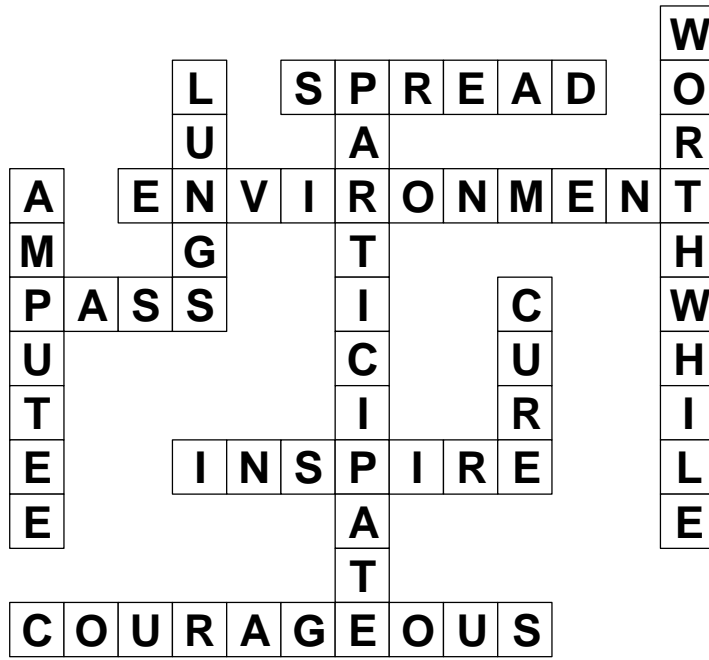
**STEP 1: SOLUTION**



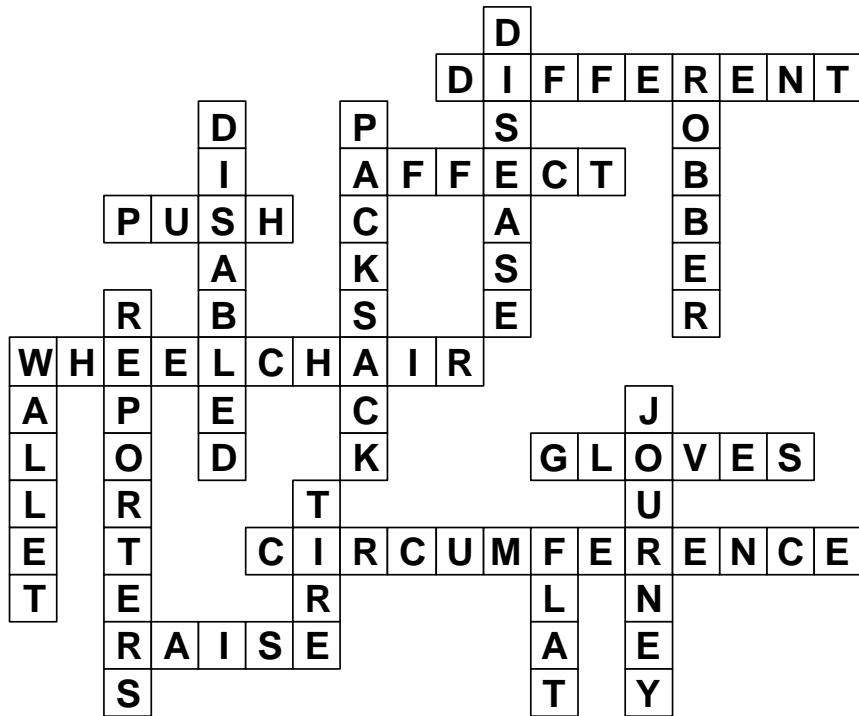
**STEP 2: SOLUTION**



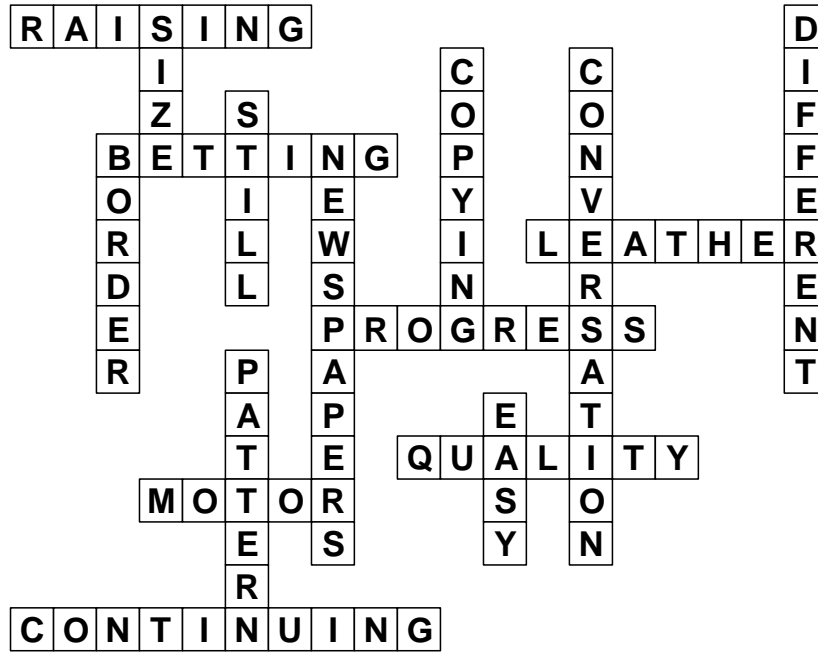
**STEP 3: SOLUTION**



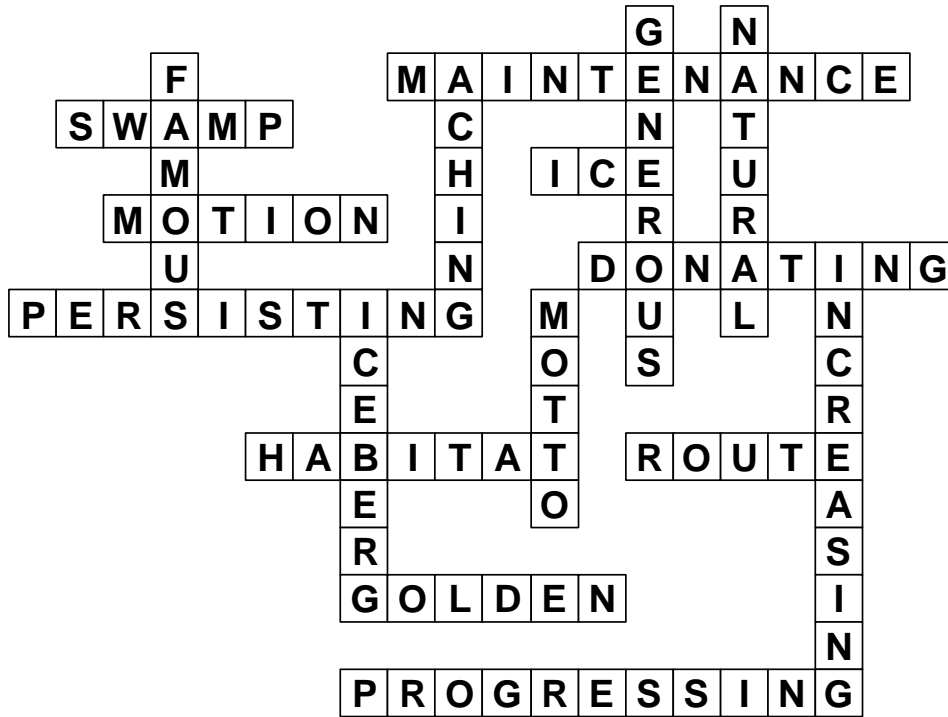
**STEP 4: SOLUTION**



**STEP 5: SOLUTION**



**STEP 6: SOLUTION**



# Learning English with Laughter

## Glossary Level 16

ENGLISH	NOTES	ENGLISH	NOTES
ache (to), ached		icy	
affect (to), affected		impossible	
after all		in spite of	
although		increase (to), increased	
amputate (to), amputated		injury	
amputee		inspire (to), inspired	
artificial		instead of	
athlete		journey	
because of		knee	
bet (to), bet		leather	
border		life	
cancer		lungs	
challenge (to), challenged		maintenance	
circumference		marathon	
company		motion	
conversation		motor	
copy (to), copied		motto	
could		much	
courageous		natural	
crowd		newspaper	
cure (to), cured		next	
determination		once	
disable (to), disabled		packsack	
disease		painful	
donate (to), donated		participate (to), participated	
environment		pass (to), passed	
escort (to), escorted		pattern	
even though		persist (to), persisted	
expect (to), expected		progress (to), progressed	
famous		push (to), pushed	
flat		quality	
flight		quiet	
generous		raise (to), raised	
give-up (to), gave up		relationship	
golden		repeat (to), repeated	
habitat		reporter	
hand-driven		research (to), researched	
heal (to), healed		result	
highway		rob (to), robbed	
hurt (to), hurt		route	
iceberg		save (to), saved	





## LEVEL 16: TEST 16

Answer in sentences (4 marks each)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Use **would - wouldn't, could – couldn't** or **should – shouldn't** in these sentences: (2 marks each)

6. I \_\_\_\_\_ fly to Mars.
7. I \_\_\_\_\_ help my family when they are sick.
8. I \_\_\_\_\_ like to go to a movie.

**Complete the tag questions and answer them.** (2 marks each)

9. Rick's friends were helpful, \_\_\_\_\_? \_\_\_\_\_.
10. The Terry Fox run raises money for cancer research, \_\_\_\_\_? \_\_\_\_\_.

**Put these words into the right sentence order.** (4 marks each)

11. hard long work His was journey.  
\_\_\_\_\_
12. wheeled Swiss between mountains Rick high the.  
\_\_\_\_\_
13. donate year millions cancer People of every dollars for research.  
\_\_\_\_\_

**Add two letters to make these words negative.** (2 marks each)

14. interesting \_\_\_\_\_
15. likely \_\_\_\_\_

**To mark your test:**  
Take 1 mark off for each mistake.  
Don't take marks off for spelling.  
**Students should get 80% or more on each test.**

**Is your mark 80% +?  
That's good!  
Have a nice evening!**